

IMPORTANT: This document is intended to provide guidance only for developing site-specific fall protection plans for working at heights.

FALL PROTECTION PLAN

IMPORTANT: This document is intended to provide guidance only for developing site-specific working at heights fall protection plans. It must be specific for each work site. THIS WORK PLAN WILL BE AVAILABLE ON THE JOB SITE FOR INSPECTION. All employees that will be working on this job site will be aware of the fall hazards and will understand the means of mitigation that will be utilized as contained in this fall protection plan. 1. Fill Out the Specific Job Information Company Name: _____ Date: _____ Job Name: Job Address: Jobsite Phone: _____ Job Foreman: 2. Fall Hazards in the Work Area - Include locations and dimensions for hazards. Elevator shaft: ______ Leading edge: ______ Window opening: _____ Roof eave height: _____ Outside static line: _____ Perimeter edge: _____ Roof perimeter dimensions: _____ Other fall hazards in the work area:

FALL PROTECTION PROGRAM

manufacturer etc.	
Full body harness:	Body belt (Restraint only):
Positioning Lanyard:	Self-Retracting Lifeline:
Lifeline:	Restraint line:
Horizontal lifeline:	Rope grab:
Deceleration device:	Shock absorbing lanyard:
Locking snap hooks:	Safety nets:
Guard rails:	Anchorage points:
Warning Lines:	Scaffolding platform:
Safety monitor & Name:	
Other:	

3. Method of Fall Arrest or Fall Restraint - For fall protection equipment, include details such as,

4. Assembly, Maintenance, Inspection, Disassembly Procedures

who will be responsible for each task and what level of training they have.
Specific types of equipment on the job are:
opecine types of equipment on the job are:
A visual inspection of all safety equipment will be done daily or before each use, as stated in the Employee Training Packet. Any defective equipment will be tagged and removed from use immediately. The manufacturer's recommendations for maintenance and inspection will be followed.
5. Handling, Storage & Securing of Tools and Material
Toe boards will be installed on all scaffolding to prevent tools and equipment from falling from scaffolding.
Other specific handling, storage and securing is as follows:

Assembly and disassembly of all equipment will be done according to manufacturers' recommended procedures. (Include copies of manufacturer's data for each specific type of equipment used.) Designate

6. Overhead Protection

Warning signs will be posted to caution of existing hazards whenever they are present. In some cases, debrinets may be used if a condition warrants additional protection.		
Additional overhead protection will include:		
	d along the edge of scaffolding and walking surfaces fo here tools, equipment or materials are piled higher than erected to protect employees below.	
7. Injured Worker Removal		
Normal first aid procedures should be performed as the aid should be done by a foreman or other certified industrial content of the certif	ne situation arises. If the area is safe for entry, the first lividual.	
Initiate Emergency Services – Dial 911 (where available	e)	
Phone location:	First aid location:	
Elevator location:	Crane location:	
Other:	Location:	
Rescue considerations. When personal fall arrest systemployees can be promptly rescued or can rescue the personnel, ladders, or other rescue equipment should allows employees to rescue themselves after the fall he that have descent capability.	emselves should a fall occur. The availability of rescue be evaluated. In some situations, equipment that	
Describe methods to be used for the removal of the in	jured worker(s):	

Hard hats are required on all job sites with the exception of those that have no exposure to overhead hazards.

8. Training and Instruction Program

All new employees will be given instructions on the proper use of fall protection devices before they begin work. They will sign a form stating they have been given this information. This form becomes part of the employee's personnel file.

The written fall protection plan will be reviewed before work begins on the job site. Those employees attending will sign below. The fall protection equipment use will be reviewed regularly at the weekly safety meetings.

Date:	_	
Foreman or Job Superintendent:		

Prior to permitting employees into areas where fall hazards exist, all employees must be trained regarding fall protection plan requirements. Inspection of fall protection devices/systems must be made to ensure compliance with OSHA and (Company Name) internal regulations.

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